

2010 Tour ta' Malta



DETAILED PROGRAMME

Wednesday – 17th March 2010

Arrival of Foreign Teams

Distribution of Race Numbers: **17:00 hrs**

Payment of participation fee:

- € 50 each foreign rider
- € 35 each local rider

Technical Meeting (2 Reps from each Team) : **20:00 hrs**

Ballot for time trial – first females (Red numbers 101-130)
then males (Black numbers 1-100)

Thursday – 18th March 2010

1st Stage - 32km

Individual Time Trial – Coastline

- Signing in front of Marina Hotel, Tigne' Seafront, Sliema: **08:00 hrs–08:15 hrs**
- Group departure from Marina Hotel : **08:30 hrs**
- Warm up from Marina Hotel to Coastline Hotel (stop and park in recreational area in front of hotel. DO NOT leave this area – those who wander are disqualified)
-
- First calls on starting stand: **09:58 hrs**
- Start of Race: **10:00 hrs**
- Calls at 1 minute intervals.
- 5 laps between Fruit Vendor at Salina and Magħtab turn around.
- **No one is allowed out of this recreational area / parking site for the duration of the race!**
- Presentations approx.: **12:30 hrs**

Signing - off

End of 1st Stage – Tour of Malta 2010

Friday 19th March 2010

2nd Stage 100km / 70km

Road Race - San Martin Circuit

- Signing in front of Marina Hotel, Tigne' Seafront, Sliema: **08:00 hrs - 08:15hrs**
- Group departure from Marina Hotel : **08:30 hrs**
- Warm up from Hotel to San Martin (those who take lifts will be automatically disqualified)
- First calls on starting line for checking numbers against riders: **09:45hrs**

Start of Race:

- 10 laps for males (100km): **10:00 hrs**
- 7 laps for females (70km): **10:03 hrs**

When ready, no one is allowed in the circuit

Presentations approx.: **12:30 hrs**

Signing

End of 2nd Stage – Tour of Malta 2010

Saturday 20th March 2010

3^d Stage - 67.5km

Road Race - Xaghra, Gozo

- Group Departure by coach from Marina Hotel, Tigne' Seafront, Sliema to Ferry: **06:00 hrs**
- Maltese Cyclists can use their own transport to get to Cirkewwa.
- Gozo Ferry: **07:30 hrs**
- Group Warm-up from Mgarr, Gozo to Xaghra, Gozo: **8:15 hrs**
- First calls on starting line for checking numbers against riders: **09:45 hrs**

Start of Race

15 laps for males (67.5 km): **10:00 hrs**
10 laps for females (45km): **10:03 hrs**

Presentations approx.: **12:00 hrs**

Signing - off

End of 3rd Stage - Tour of Malta 2010

Sunday 21st March 2010

4th Stage

1 hour Bike Ride

- Signing in car park in front of Marina Hotel, Tigne' Seafront, Sliema:
10:15 hrs - 10:30 hrs

Start:

- Ferry Sliema -**10:45 hrs**
- Ta' Xbiex,
- Msida,
- Valley Road,
- B'Kara,
- Naxxar Road,
- Mosta,
- Independence Avenue,
- Triq il-Kbira,
- Constitution Str.,
- Targa Gap,
- Triq id-Difiza Civili,
- Sta Margerita,
- Telgha t'Alla u Ommu,
- Salina Road,
- Coast Road,

Pembroke Local Council - 5 min stop,

- St Julians,
- Balluta,
- Tower Road,

Finish

- Sliema Ferry

Presentations of overall results approx.: **12:30 hrs**

Trophies & Certificates

Signing - off

End of Tour ta' Malta 2010

Race Regulations:

1. Every cyclist has to have two (2) numbers fixed on the lower back of the t-shirt and one (1) number fixed against the seat post (except for Time Trial Vide point 8). Riders without their numbers affixed as described above shall be automatically disqualified.
2. Registration and signing-off shall take place, respectively, a half hour before and after each race in front of the Marina Hotel. Cycling from the Marina Hotel to site of race is regarded as preliminary warm up and has to be performed by all cyclists. Riders who accept lifts or take short cuts will be automatically disqualified.
3. A rider who misses a race is automatically disqualified. Riders who stop for any reason are disqualified. Riders who are asked by officials to stop because they have been lapped and have not completed the circuit in the allotted time, will, nevertheless, be given an opportunity to continue on the following day.
4. Helmets and bikes are to be according to UCI specifications. Fancy helmets are not allowed.
5. All participating cyclists have to be licenced and insured by their respective National Federation
6. The organising committee shall provide throughout the whole Tour, two (2) neutral service cars. Clubs may locate stationary service points for their respective riders throughout the route.
7. One (1) Service Car per club (for their respective leader) can be permitted at the discretion of the organizers (closed vans and big trucks are prohibited). The judges must be provided with the mobile no. of the club's contact person - (NOT the driver's mobile number).

Time Trial Regulations:

8. Riders may fix only one (1) number on the lower back of the t-shirt and one (1) number on the back of the bicycle, against the seat post.
9. Team cars are to park in the small area just after the start line. One car per club is permitted there.
10. Riders are to keep to the Left Hand Side of the race route and at no time should they cross the double lines in the middle of the road.
11. Riders shall be called at 1 minute intervals. If not present when called, riders will be disqualified. Riders must ride entirely alone.
12. Drafting penalty:
First time – warning and 30 seconds penalty
Second time – disqualified

San Martin Circuit Race:

13. Feeding stations are to be placed 50-100mts from start line.

14. Service Club Cars should be in the same chronological order as their respective cyclists in the general classification, at the end of the group during the race. Permission for clubs service car to follow directly a sole leader should only be given by the Organising Committee. Club service cars should ONLY be allowed to leave their position to follow their lead cyclist on the following areas on the race route between Żebbiegħ to Golden Bay and Golden Bay to Pwales. No cars' overtaking is allowed from the bottom of San Martin hill to Żebbiegħ. If a cyclist is no longer in lead, his service car has to go back to his original place.

Xaghra-Gozo Race:

15. Feeding Stations are marked up the hill.

16. Spare wheels can be handled anywhere on foot.

Bike Ride:

17. This is bike ride and therefore all cyclists are to stay together as one group. Riders are to keep to the Left Hand Side of the road and at no times should they cross the double lines in the middle of the road.
