



Team Greens
official sponsor

www.teamgreens.com

GREENS CYCLING CLUB

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Coast Road Team Time Trial – 21st February 2010

Greens Cycling Club will once again be organizing the Team Time Trial on Sunday 21st February at Bahar ic-Caghaq Coast Road.

The event is planned to be set up as follows:

Each team will be composed of a maximum of 4 and a minimum of 3 riders in order to allow each club to set their teams better.

Team members can be mixed from any category except for the under15 and the ladies

Team members can be of different clubs in the case that there would not be enough riders from the same club to make up the team. This team has to be authorised by the clubs involved.

Time will be given on the **third** rider in of each team. In the case of a 4–men team, they can lose a rider along the way.

In the eventuality that the fourth rider loses contact with his team due to puncture or race tactic, and his team decides not to wait for him, this rider has to **get off the course** and **must not cross the finish line** as his timing will not be valid and would interfere with the timing process. However if his team wins a prize he will also be rewarded.

In a 3-man team – **ALL** riders have to finish together or else they will not be timed.

Due to the limited numbers Ladies and Under 15 will do an individual time trial.

Under 15 riders can choose between 3 or 1 laps depending on their ability.

The route used will be the same as the time trial national championship, from the green grocer at Salina to just before the entrance to Maghtab

Race distance will be 40kms (6 laps) for all teams, 20km or 6.67km (3 laps or 1lap) under 15 and 27km(4 laps) for the ladies

There will be prizes for the first **FIVE** teams in the open category, A prize for the first 50+ team (composed of a mix of 50+ & 60+ riders only). First 3 Ladies and a prize for every U15 cyclist.

All the usual time trial equipment can be used and there will one team car allocated for each club following their best team. Only approved helmets can be used.

Riders will leave at 2 minutes intervals and they are responsible in counting their laps and when to go through the finish area which will be located in the car park in front of coast line hotel. Remember, **the watch will stop on the third rider!**

Wheel/bike changing is allowed from the course strictly on the left side of the road to avoid obstruction to oncoming riders

No drafting will be allowed between teams, if any team overtaking or being overtaken is caught drafting will be disqualified by the race judges who will be positioned along the course.

Race numbers for teams will be provided by the organisers. All numbers must be returned **before** the presentation. No number, no prize. Under 15 and Ladies can use the MCF numbers.

The best team of each club will leave in the final five according to ballot during race meeting.

Race Fees: €7.00 each rider
Under 15 riders: Free of charge.

Enjoy your race

TEAM GREENS

Affiliated to:



President: Mr Charles Sammut, Secretary: Mr Etienne Bonello, Treasurer: Mr Peter Gatt