



DETAILED PROGRAMME

Wednesday – 25th March 2009

Arrival of Foreign Teams

Distribution of Race Numbers: **17:00 hrs**

Payment of participation fee:

- € 50 each foreign rider
- € 35 each local rider

Technical Meeting (2 Reps from each Team) : **20:00 hrs**

Ballot for time trial – first females (Red numbers 71-100)
then males (Black numbers 1-70)

Thursday – 26th March 2009

1st Stage - 32km

Individual Time Trial – Coastline

- Signing in front of Marina Hotel, Tigne' Seafront, Sliema: **08:00 hrs–08:15 hrs**
- Group departure from Marina Hotel : **08:30 hrs**
- Warm up from Hotel till parking at recreational area in front of Coastline Hotel
- No one is allowed out of this parking site – those who squander are disqualified
- First calls on starting stand: **09:58 hrs**
- Start of Race: **10:00 hrs**

Calls at 1 minute intervals – 5 laps between Fruit Vendor at Salina and Magħtab turn around. When ready, no one is allowed out of this recreational area / parking site

Presentations approx.: **12:30 hrs**

Signing

End of 1st Stage

Friday 27th March 2009

2nd Stage 100km / 70km

Road Race - San Martin Circuit

- Signing in front of Marina Hotel, Tigne' Seafront, Sliema: **08:00 hrs - 08:15hrs**
- Group departure from Marina Hotel : **08:30 hrs**
- Warm up from Hotel to San Martin (those who take lifts are disqualified)
- First calls on starting line for checking numbers against riders **09:45hrs**

Start of Race:

- 10 laps for males (100km): **10:00 hrs**
- 7 laps for females (70km): **10:03 hrs**

When ready, no one is allowed in the circuit

Presentations approx.: **12:30 hrs**

Signing

End of 2nd Stage

Saturday 28th March 2009

3rd Stage - 85km

Road Race - Ta' Penellu Circuit, Mellieħa

- Signing in front of Marina Hotel, Tigne' Seafront, Sliema: **08:00 hrs–08:15 hrs**
- Group departure from Marina Hotel: **08:30 hrs**
- Warm up from Hotel to Mellieħa (those who take lifts are disqualified)
- First calls on starting line for checking numbers against riders: **09:45 hrs**

Start of Race

10 laps for males (85km): **10:00 hrs**
5 laps for females (43km): **10:03 hrs**

When ready, no one is allowed in the circuit

Presentations approx.: **12:00 hrs**

Signing

End of 3rd Stage

Sunday 29th March 2009

4th Stage

1 hour Bike Ride

Signing in car park in front of Marina Hotel,
Tigne' Seafront, Sliema: **10:15 hrs - 10:30 hrs**

Start: Ferry Sliema - 10:45 hrs

Ta' Xbiex, Msida, Valley Road - B'Kara, Naxxar Road, Mosta - Independence Ave/Triq il-Kbira/Constitution Str./Targa Gap/Triq id-Difiza Civili/Sta Margerita, Telgha t'Alla u Ommu, Salina Road -Coast Road, **Pembroke Local Council** - *5 min stop*, St Julians, Balluta, Tower Road, Finish - Sliema Ferry

Presentations of overall results approx.: **12:30 hrs**

Trophies & Certificates

Signing

End of Tour ta' Malta 2009

Race Regulations:

1. Every cyclist has to have 2 numbers fixed on the lower back of the t-shirt and 1 number on the back of the bicycle, against the seat post (except for Time Trial Vide point 8). Riders without their numbers fixed as stated above shall be disqualified.
2. Signing shall be done half an hour before and after every race in front of the Marina Hotel. Cycling from the Marina Hotel to site of race is considered as a warm up and has to be performed by all cyclists. Riders who take lifts or short cuts are disqualified.
3. A rider who misses a race is automatically disqualified. Riders who stop for any reason are disqualified. Riders who are asked to stop because they are lapped, are given the maximum of time and may continue racing the following day.
4. Helmets and bikes are to be according to UCI specifications. Fancy helmets are not allowed.
5. All participating cyclists have to be licenced and insured by their respective National Federation
6. The organising committee shall provide throughout the whole Tour, 2 neutral service cars. Clubs may locate stationary service points for their respective riders throughout the route.
7. 1 Service Car per club is allowed for their respective leader (closed vans and big trucks are prohibited). The judges have to have their contact person's mobile number (not the driver's).

Time Trial Regulations:

8. Riders may fix only one number on the lower back of the t-shirt and 1 number on the back of the bicycle, against the seat post.

9. Team cars are to park in the small area just after the start line. One car per club is permitted there.
10. Riders are to keep to the Left Hand Side of the race route and at no time should they cross the double lines in the middle of the road.
11. Riders shall be called at 1 minute intervals. If not present when called, riders will be disqualified. Riders must ride entirely alone.
12. Drafting penalty:
First time – warning and 30 seconds penalty
Second time – disqualified

San Martin Circuit Race:

13. Feeding stations are to be placed 50-100mts from start line.
14. Service Club Cars should be in the same chronological order as their respective cyclists in the general classification, at the end of the group during the race. Permission for clubs service car to follow directly a sole leader should only be given by the Organising Committee. Club service cars should ONLY be allowed to leave their position to follow their lead cyclist on the following areas on the race route between Żebbiegħ to Golden Bay and Golden Bay to Pwales. No cars' overtaking is allowed from the bottom of San Martin hill to Żebbiegħ. If a cyclist is no longer in lead, his service car has to go back to his original place.

Ta' Pennellu Circuit Race:

15. Feeding Stations are marked up the hill.
16. Spare wheels can be handled anywhere on foot.

Bike Ride:

17. This is bike ride and all cyclists are to stay as one group. Riders are to keep to the Left Hand Side of the road and at no times.
-